

Living Soulfully

A monthly men's gathering

Be Well
Be Yourself

HARTFORD
GAY &
LESBIAN
HEALTH
COLLECTIVE

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Come awaken your soul at the next Living Soulfully, a gathering to support the spiritual lives of men who love men. Join us in meditation, heart circle and lively discussion. Our goal is to cultivate and support the lives of men who love men who wish to live more mindful and spiritual lives, becoming more integrated, loving and compassionate both individually and as part of a community.

We meet the fourth Wednesday of every month
7:30 pm to 9:30 pm
at the Hartford Gay & Lesbian Health Collective
(see hglhc.org/about.html for directions)

The group is led by Elliott Strick and Bill Loehr. There is no set cost; free will contributions will be accepted to support the use of the Health Collective's offering of space and to support spiritual outreach to the gay community.

"Many of us long for community. It is often elusive in our culture. Yet when we experience community, it feeds our souls and touches our hearts."

from the vision at Easton Mountain

Inspiration for this group comes from Easton Mountain, a retreat center and interfaith spiritual community of men who love men in upstate New York. More info at www.eastonmountainretreat.org

For more information or to get on our email list contact LivingSoulfullyCT@yahoo.com

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